

# PURE KITCHEN

At Pure Kitchen, we offer food made with the cleanest ingredients, for people who care about what they eat.

*eat pure. live pure.*

**VG** VEGETARIAN

**GF** GLUTEN FREE

**GFO** GLUTEN FREE OPTIONAL

**V** VEGAN OPTIONAL

**V** VEGAN

**NAE** NO ANTIBIOTICS EVER

## starters

### HOMEMADE SOUP **GF**

Always a favorite! Gluten free. **8.79**

### GARLIC BREAD **GF VG**

Served with house-made marinara. **9.59**

### SPRING ROLLS **GF V**

Rice paper & Romaine filled with carrot-cabbage slaw and apple. Served with a sweet ginger chili sauce. **13.69**

### FRIED PICKLES **GF V**

House-made pickle spears and ranch. GF panko. **13.69**

### GARDEN HUMMUS **GFO V**

Cauliflower & garbanzo bean blend. Served with toasted naan, carrots, celery & cucumber. \$2 for GF flatbread. **14.69**

### BUFFALO CAULIFLOWER **GF V**

Lightly battered roasted cauliflower florets, flash fried for crispness, tossed in vegan buffalo sauce. Served with house-made ranch. **14.69**

### MOZZARELLA STICKS **GF VG**

A Pure Kitchen staple. Scratch-made mozzarella cheese, marinara sauce, GF panko, & basil. **15.59**

## salads

### SUPER FOOD **GF VG V**

Organic spring mix, spinach & arugula, avocado, Sweetie drop peppers, miso glazed mushroom, chia seed, toasted coconut, Asiago cheese, garbanzo-turmeric dressing. **17.79**

### STRAWBERRY HARMONY **GF VG V**

Organic Spring mix and spinach, organic strawberries, goat cheese, toasted coconut, red onion, candied pecans, champagne vinaigrette dressing. **17.79**

### PURE BLISS **GF VG V**

Organic baby spinach, goat cheese, flax seed, organic cucumber, carrot, cherry tomato, toasted cashew, balsamic dressing. **17.79**

## Pizzas

Served on cauliflower crust.

### MARGHERITA **GF VG**

Garlic oil, mozzarella, cherry tomato, basil, balsamic glaze. **19.59**

### FIG PROSCIUTTO **GF**

Fig spread topped with prosciutto, mozzarella, red & yellow sweet pepper, and organic baby arugula. Topped with balsamic glaze & Asiago cheese. **23.79**

### CHICKEN BACON BBQ **GF**

N.A.E. chicken, bacon, red onion, banana peppers, house-made bbq, ranch drizzle. **22.79**

## Bowls

### SUMMIT STIR FRY **GF V**

Rice noodle, house-made ginger teriyaki, carrot, broccoli, cauliflower, carrot-cabbage slaw, miso-glazed mushroom, onion, tuxedo sesame seed, daikon radish, cilantro. **18.79**

### PURE THAI BOWL **GF V**

Rice noodle, crispy squash & zucchini, sweet pepper, coconut peanut sauce, carrot, hemp seed, almond, cilantro. **18.79**

### SOUTHWEST BOWL **GF VG V**

Shredded mozzarella, black bean, veggie rice, avocado, pico salsa, tortilla strip. **17.69**

### KOREAN ZOODLE BOWL **V**

Zucchini and squash noodle, spinach, cashew, carrot-cabbage slaw, cilantro, carrot, gochujang sauce, daikon radish. **17.69**

### MEDITERRANEAN BOWL

Organic tri-colored quinoa, cucumber, tomato, Greek olives, goat cheese, Sweetie drop peppers, garbanzo beans. Served with a side of raspberry vinaigrette. **18.79**

## Tacos

Corn tortilla, avocado salsa, carrot-cabbage slaw, lime, house-made pickled red onion, cilantro.

**FRIED TILAPIA \* **GF** 14.79**

**CHICKEN **GF** NAE 14.79**

**CARNE ASADA \* **GF** 15.79**

**ROASTED VEGGIE **GF** V 11.79** add tofu for \$2

## sides

Side salad with your choice of dressing:	<b>9.59</b>
House-made ranch, champagne vinaigrette, garbanzo-turmeric dressing, balsamic dressing, Organic EVOO & balsamic vinegar.	
GF Garlic Bread	<b>8.69</b>
Rice & black beans	<b>4.59</b>
Cauliflower & Broccoli medley	<b>4.69</b>
Veggie rice - Jasmine rice, carrot, peas, green bean, corn	<b>4.59</b>
House made potato chips	<b>3.69</b>
GF flatbread	<b>3.69</b>
Tortilla	<b>1.49</b>
Sauces: All house-made sauces/condiments	<b>.69</b>

## add-ons

Sustainable Salmon*	<b>10.79</b>
Grass-fed Strip Steak*	<b>10.59</b>
N.A.E. Chicken (No Antibiotics Ever)	<b>9.59</b>
Fried Tilapia*	<b>8.59</b>
Organic Quinoa Black Bean Patty	<b>8.59</b>
Flash Fried Tofu	<b>5.59</b>
Avocado	<b>4.59</b>
Honey-cured Bacon	<b>4.59</b>

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

GOT ALLERGIES? Please communicate all allergies & dietary restrictions before ordering. Not all ingredients are listed, so please ask any questions. We will do our best to accommodate a modified order, but may not always be able to do so. Allergen warning: Due to the possibility of cross contact, please be aware that all items may contain allergens including peanuts, tree nuts, milk, eggs, wheat, soy, sesame, fish and shellfish.