

sandwiches

Served on a brioche bun with house-made chips. Substitute house salad or homemade soup for **\$3** Substitute GF bun **\$4**

GRASS-FED BEEF BURGER * GFO

Organic grass-fed beef, white cheddar, house sauce, lettuce, red onion, house-made pickle. Add bacon for **\$4**. **19.79**

SCRATCH-MADE VEGETARIAN BURGER GFO VG V

Organic quinoa, garbanzo bean & black bean patty. Hummus, miso glazed mushroom, crispy organic spinach, house made raspberry chipotle sauce. **19.79**

GRILLED CHICKEN BÁNH-MI GFO NAE

Grilled chicken, house-made sriracha mayo, house-pickled vegetables, cilantro, jalapeño. **19.79**

SMOKEY ANCHO BURGER * GFO

Grass-fed beef, Ancho mayo, house-made pickled red onion, lettuce. **19.79**

GREEN CHILI BACON CHICKEN GFO NAE

Grilled chicken, house-made green chili, bacon, cheddar cheese, mayo. **21.69**

COLORADO LAMB BURGER * GFO

Hemp seed pesto, crispy potato, organic arugula, house pickle, goat cheese, balsamic drizzle. **24.79**

PULLED PORK SANDWICH

Slow cooked pork, house bbq, house slaw & pickles on a brioche bun. **19.79**

entrees

GRASS-FED CARNE ASADA * GF

Grass-fed strip steak, Veggie rice, refried beans, house-pickled red onion, jalapeño, cilantro, corn tortilla, salsa pico. **33.79**

STEAK TIPS WITH MUSHROOM GRAVY GF

Grass-fed strip steak tips, mushroom-onion brown gravy, homestyle mashed potatoes. **30.79**

BLACKENED SUSTAINABLE SALMON * GF

Blackened sustainable Chilean salmon, fresh pineapple salsa, house-made honey mustard, slaw, Veggie rice. **32.69**

CHICKEN PARMESAN GF NAE

Panko crusted chicken breast, house-made mozzarella, fresh tomato, our marinara, rice noodle. Garlic bread. **32.59**

CHILE RELLENOS GF V

2 roasted Anaheim chiles filled with a creamy mozzarella blend and a medley of roasted veggies — zucchini, squash, onions, and peppers — all wrapped in a light, gluten-free beer batter crust. **28.79**

Kiddos

All meat cooked well done - 12 and under.

SALMON SAYS * GF

Grilled sustainable Chilean salmon, broccoli, mandarin oranges. **14.69**

CHICKEN LITTLE'S DELIGHT GF NAE

Grilled chicken breast, broccoli, mandarin oranges. **12.69**

PEPPERONI PIZZA GF

Our M&M pizza topped with pepperoni. **12.59**

M&M PIZZA

House-made Marinara & Mozzarella blend. **10.59**

FISH STIX FIX *

Fried tilapia fingers with house made chips and tartar sauce. **14.69**

Refreshers

COCONUT HYDRATION

Coconut water, in-house passionfruit syrup, cold-pressed lime juice, club soda. **6.59**

STRAWBERRY MINT SELTZER

Organic, in-house, strawberry syrup, cold-pressed lemon juice, fresh mint, club soda. **6.59**

TURMERIC GINGER LEMONADE

Rishi turmeric ginger chai, in-house simple syrup, cold-pressed lemon juice, water. **6.59**

ALPINE LAVENDER COOLER

House-made lavender honey, cold-pressed lime juice, muddled organic cucumber, club soda. **6.59**

Drinks

ROCKY MOUNTAIN SODA

Prickly Pear, Blackberry. Local, GMO free, no artificial flavors, colors, preservatives. **5.69**

SARATOGA SPRING WATER

Low minerality and sodium. Sparkling: 12 oz bottle. **6.69**
Still: 28 oz bottle. **6.49**

ORGANIC ICED TEA 4.59

RISHI ORGANIC BOTANICAL TEAS

Lavender Mint, Earl Grey, Turmeric Ginger, Green, Blueberry Hibiscus, Masala Chai. **3.79**

LAVAZZA COFFEE 3.59

FOUNTAIN DRINKS

Coke, Diet Coke, Sprite, Root beer, Orange, Lemonade. **3.59**

sweets

WARM CHOCOLATE CHIP COOKIE GF VG

Served with house-made vanilla ice cream and chocolate sauce. **14.69**

FRIED PLANTAIN SUNDAE GF VG

Fried plantains, strawberry drizzle, house-made vanilla ice cream, chocolate sauce, pecans, and whipped cream. **13.69**

FRIED PLANTAINS GF V

Simple & sweet, nothing added. Sweet cream dipping sauce. **5.59**

GLUTEN FREE CHOCOLATE CAKE GF V

House-made cake with raspberry coulis and strawberry. **8.69**

JUST A COOKIE GF VG 8.69

CREAMSICLE FLOAT GF VG

Fanta Orange and house-made vanilla ice cream. **6.79**

ROOT BEER FLOAT GF VG

Barq's root beer and house-made vanilla ice cream. **6.79**

HOMEMADE ICE CREAM

Vanilla or Vegan Coconut Cream. **4.49**

FRIED CHEESECAKE SUNDAE

House-made cheesecake balls, vanilla ice cream, chocolate sauce, whipped cream. **13.69**

SMALL BITE CHEESECAKE

Individual size! One cheesecake ball with a spoonful of vanilla ice cream. **4.49**

To ensure fair wages and maintain the quality of our service, a 4% service charge is automatically added to each bill. This charge helps us cover increased labor costs and provide our staff with competitive compensation. Please notify your server if you prefer not to participate and we'll gladly remove the charge.

Gratuity of 20% added to parties of 7 or more. Gratuity is shared by staff. We're happy to split checks up to 3 ways. For larger groups, we provide one check and can run multiple cards or payment types on it.